

VAIL VALLEY LACROSSE CLUB

FAMILY INVOLVEMENT AND VOLUNTEER REQUIREMENTS

SPRING 2025

The Vail Valley Lacrosse Club (VVLC) is a non-profit organization based in Eagle County with a volunteer board of directors. In an effort to keep registration fees as affordable as possible, retain consistent, qualified coaches and provide the best youth lacrosse experience, the club relies heavily on the generosity and support of volunteers and participating family involvement.

- VVLC has implemented a mandatory volunteer requirement of 4 hours per season for all participating families.
- There are many ways for families to volunteer throughout the season. However, if a family is not interested in volunteering, they may opt out of the volunteer requirement and will be billed a \$200 club contribution fee.
- The volunteer requirement is posted on our website and included as a form which each parent will acknowledge during the registration process for each season.
- Volunteer positions/activities will be listed and tracked through Crossbar and linked to each participant's Crossbar account.

How to help? There are many opportunities to volunteer including:

- Parent coach: Volunteer to help coach your child's team this spring season, contact Brian Welch (ad@vaillax.com) for details.
- Team parent (1-2 parents per team): Responsibilities include communication with respective team coaches, confirm player attendance for games, coordinate team dinners/snacks, communicate about team volunteer requirements, share hotel and travel information, etc.
- Vail Lax Jam Tournament Support: The VVLC Spring Lax Jam and Fall Lax Jam provide the most concentrated need for volunteer help.
 - Game Scorekeepers (1-2 Volunteers needed for every scheduled game).
 - Vail Lax Jam Tournament set up.
 - Vail Lax Jam Tournament break down.
 - Support the information tent/gear sales.
 - Pick up and deliver meals for tournament officials.
 - Serve as a field marshal/representative.
- Uniform Hand-out (1-2 parents per team): Help organize and distribute uniforms. Pick team uniforms up from Brian. Sort and bundle uniforms. Label uniform bundle with players name for quick distribution. Assist Coaches in distributing the uniforms at the end of practice.
- Team Photographer (1-2 parents per team): Capture photo and video content at select VVLC practices as well as tournaments and work with director of lacrosse to post them on the social media sites including the VVLC website.